



access to sport

CPISRA NEWS

Official Newsletter of the
Cerebral Palsy International Sports and Recreation Association

Be Aware, Be Active - open to all

As I write, I am aware that many of our members around the world in particular, in India and Brazil, are still in the depth of the COVID 19 pandemic and our thoughts are very much with them. It is for this reason that the vast majority of CPISRA's work this year will be in the digital and online space and my update will focus on these areas.



The first big piece of news is that registrations have opened for the **2021 CPISRA International Conference on Physical Activity & Health for People with Cerebral Palsy or Acquired Injury**. This will be an online conference and will be the first of its kind. More details about this conference can be found at www.cpisraconference.com and regular updates will be on our social media pages. We have pitched the registration fee for this 3-day conference at a level that will make it accessible to all who are interested in attending.

I am also pleased to inform you that the coaching and awareness Frame Running material associated with our Erasmus Project **RUNFREE - SPEED AND FREEDOM FOR ALL** has been completed. We hope to pilot this presentation in the coming weeks and months by conducting a series of webinars. Initially, these will be available in English, however the Zoom facility we will use has the facility for simultaneous translation. If any member wishes to provide a translator to allow their coaches and volunteers to benefit from this webinar, they should contact me at craig.carscadden@cpisra.org

The Be Aware Be Active project being delivered by CPISRA through an Agitos grant will cease at the end of this month. This means that the course can be made available to our wider membership. It is currently available in French, English and Arabic. We also hope to make this available in Spanish and at least one South Asian language in the coming months. The course will be free to member organisations and I am delighted that many of you have already expressed an interest in enrolling. If any other member organisation feels they could benefit from this course please contact Claire at claire.buckle@cpisra.org

Finally, the CPISRA and IWAS merger talks continue to progress. I have a meeting scheduled with my IWAS counterpart for later this month and hope to provide a full update after that. In the meantime, I hope you are aware of the invitation IWAS was extended to CPISRA members to participate in its Festival of Sport 2021. The event will take place between 7th-13th October 2021 in Vila Real de Santo Antonio, Portugal.

Craig Carscadden, CPISRA Chief Executive and President

CPIRSA VIRTUAL CONFERENCE



We are excited to announce that the registration for the 2021 CPIRSA Virtual Conference is now open. The conference focus is "Physical activity for health of people with Cerebral Palsy or acquired brain injury".

The conference will be a virtual event spanning the 8th, 9th, 10th and 11th of December 2021 internationally, with our partners Disability Sport Australia and Cerebral Palsy Alliance. The suggested conference program will be made up of three sessions of 3 - 3.5 hours each day, featuring expert talks and poster sessions on the connection between physical activity and health for people with Cerebral Palsy (CP) or Acquired Brain Injury (ABI).

The early bird rate is \$100 Australian Dollars, so book early to avoid disappointment.

Keep up to date on everything to do with the conference at:

Facebook: [@2021 CPIRSA International Conference for Physical Activity & health](#)

Twitter: [@cpisrac](#)

Linkedin: [2021 CPIRSA International Conference on Physical Activity and Health](#)

2021 IPC COVID GRANT SUPPORT INITIATIVE



In January 2021 CPIRSA were successful in gaining funding to develop our existing CP Awareness in Sport Course. We are currently exploring alternative platforms for the course allowing us to offer the course in more languages and reaching more people across the world. We are also developing new courses which will be made available in a number of languages.

WORLD PARA ATHLETICS FRAME RUNNING UPDATE

As a result of 5 years of hard work, we were delighted to hear that World Para-Athletics has announced that the proposed name change from RaceRunning to Frame Running was approved and that Frame Running will now be integrated into the WPA classification structure. Two new classes T71 & T72, will be adopted into the WPA Classification Rules and Regulations post-Tokyo subject to final approval.

Development of this sport and its adoption by WPA would have not been possible without the hard work of CPIRSA staff, our volunteers and research team especially, everyone at Edinburgh & Queen Margaret University without whom this landmark could not have been achieved.

RECREATION CAMPS – CALL TO ACTION!



Following the successful Adult recreation camp in 2019, and the two now planned in the UK for 2021. CPIRSA have a strong commitment to developing recreational camps / venues in other countries, and would like to establish a database of accessible recreation camps in other countries. If you are aware of suitable facilities please get in touch with Claire Buckle, our Development Manager, so that we can build a database and identify new opportunities around the world. Contact Claire on claire.buckle@cpisra.org with any you know of.

EALING HALF MARATHON



We have been given several free places for the Ealing Half Marathon on 26th September and have people running for CPIRSA. If you would like to sponsor them or donate to CPIRSA, this can be done through our Facebook page.

CPIRSA ONLINE RESOURCES

The CPIRSA website has a lot of resources for you to use. Our Get Moving "Starter Pack" has been a great success. The pack works through 5 stages, beginning with 5 minute starter games and working towards sport specific challenges and finally how to set up regular after school sports clubs. It is available in English and Spanish.

If any member has information they'd like to share via this newsletter, please email claire.buckle@cpisra.org

