



25-28 NOVEMBER 2022

OFFICIAL PROGRAMME



WELCOME



Dear athletes, coaches, officials, members and spectators,

A warm welcome to the IWAS World Games 2022 in the beautiful location of Vila Real de Santo Antonio!



We arrive in Portugal after nearly four years without a World Games. We have truly missed the opportunity to gather for one of the world's biggest sports events for athletes with physical impairments.

The world has changed but one thing remains the same – the talents and potential of athletes.

Vila Real de Santo Antonio 2022 will welcome nearly 500 current and aspiring Paralympians competing in athletics, powerlifting and swimming. We will witness the next generation emerging onto the international stage and established athletes taking the next step in their careers.

This is what the World Games are known for and as we watch the clock countdown to the Paris 2024 Paralympics, we can be sure we will see some amazing performances.

It is also a milestone in the history of IWAS, as it will be the last edition before we merge with the Cerebral Palsy International Sports and Recreation Association in 2023.

I would like to thank the municipality of Vila Real de Santo Antonio for their help in staging this important event, as well as the IWAS member in Portugal, Federacao Portuguesa de Desporto para Pessoas com Deficiencia and all our event partners.

I wish all athletes the very best of luck. We cannot wait to see your achievements unfold before our eyes and the start of new journeys.

To all other participants, we hope you enjoy your time in this beautiful setting.

Obrigado and welcome to Portugal!

A handwritten signature in black ink, reading "Rudi Van Den Abbeele".

Rudi Van Den Abbeele
IWAS President

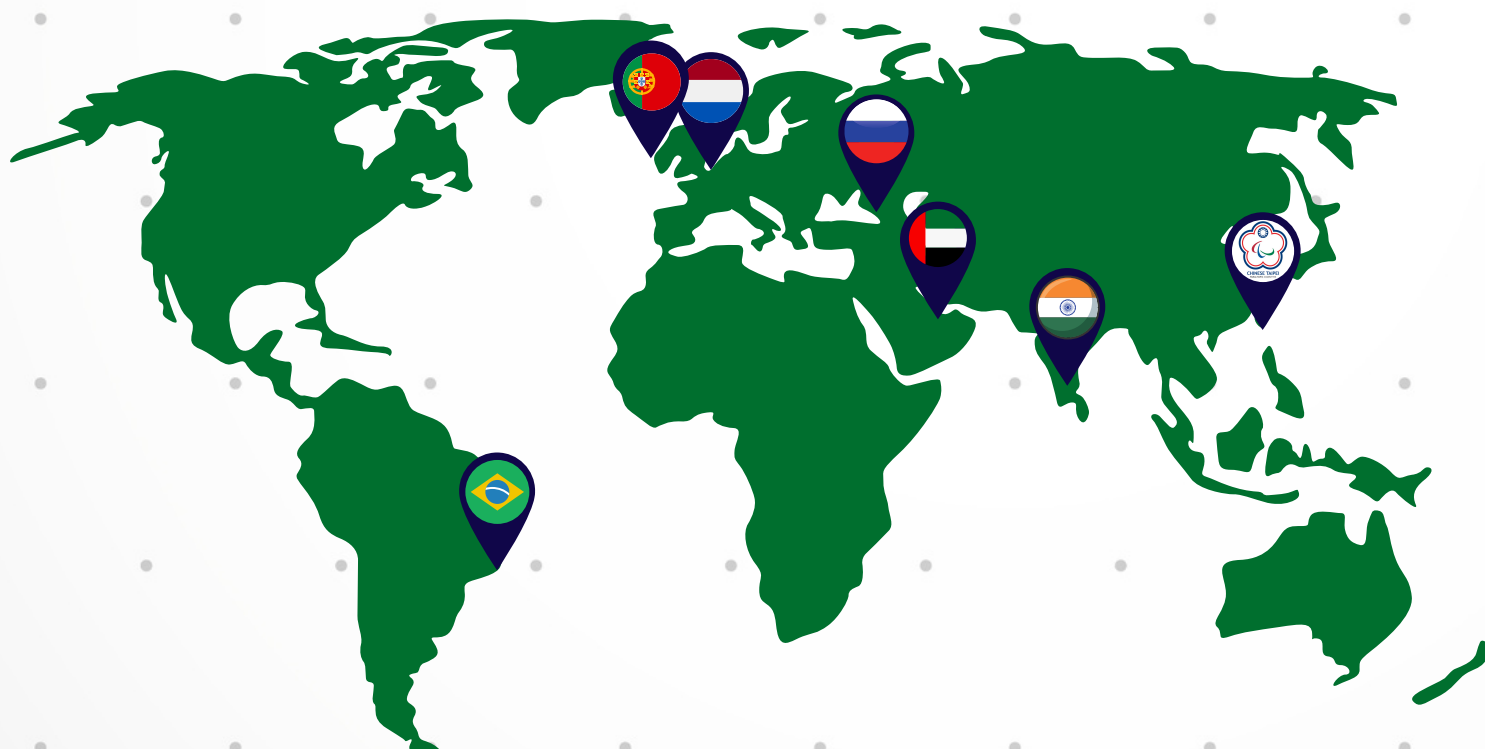
HISTORY

Designed to give aspiring Paralympians and emerging athletes their first taste of international competition, the IWAS World Games have helped produce many of the world's big name stars..

The IWAS World Games encapsulates the IWAS motto of Unity, Friendship and Sportsmanship and demonstrates the values long held by IWAS to educate, train and provide competitive opportunities to sportsmen and women worldwide.

The 2022 edition will be extra special as it comes in the year that IWAS celebrates 70 years at the forefront of growing Para sports. It will also be the last to take place under the IWAS banner as in 2023 the organisation will merge with the Cerebral Palsy International Sports and Recreation Association for the next exciting chapter.

PREVIOUS IWAS WORLD GAMES EDITIONS



COUNTRIES

Algeria	Hungary	Nigeria
Azerbaijan	India	Poland
Croatia	Ireland	Portugal
Czech Republic	Japan	Romania
Ecuador	Kazakhstan	Spain
Estonia	Kenya	South Africa
Finland	Poland	Sweden
Georgia	South Korea	Thailand
Great Britain	Latvia	Chinese Taipei
Greece	Lithuania	United Arab Emirates
Hong Kong	Luxembourg	USA
	Mauritius	

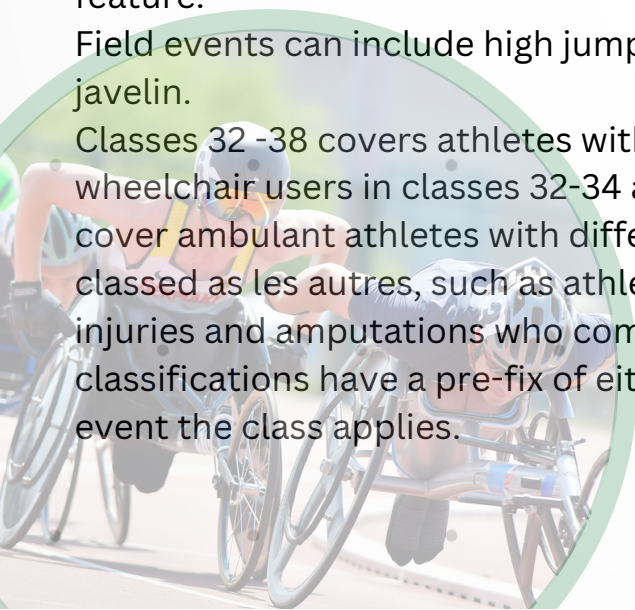
SPORTS

ATHLETICS

Athletics was a part of the Stoke Mandeville Games in 1952 and has been on the Paralympic programme since the first edition in Rome in 1960. Over the coming years a broader spectrum of classifications and disciplines were added and athletics has since become the most widely participated Paralympic sport. Track events include distances of 100m, 200m, 400m, 800m and 1,500m as well as long distances of 5,000m, 10,000m, road marathons and relay races of 4x100m and 4x400m. In Vila Real de Santo Antonio wheelchair slalom and race running will feature.

Field events can include high jump, triple jump, long jump, discus, shot put, club and javelin.

Classes 32 -38 covers athletes with differing levels of cerebral palsy – both wheelchair users in classes 32-34 and ambulant athletes in 35-38. Classes 40-46 cover ambulant athletes with different levels of amputations and also athletes classed as les autres, such as athletes with short stature. Athletes with spinal injuries and amputations who compete in wheelchairs are classified as 51-58. All classifications have a pre-fix of either T for track or F for field indicating to which event the class applies.



POWERLIFTING

Powerlifting is one of the Paralympic Movement's fastest growing sports in terms of participants and is now practiced in nearly 100 countries.

The sport represents the ultimate test of upper body strength with athletes competing in the bench press discipline.

Competitors must lower the bar to their chest, hold it motionless on the chest and then press it upwards to arms-length with locked elbows. Athletes are given three attempts and the winner is the athlete who lifts the highest number of kilograms.

Such is the strength of athletes competing in this sport, that it is not uncommon to see a competitor lift more than three times their own body weight.

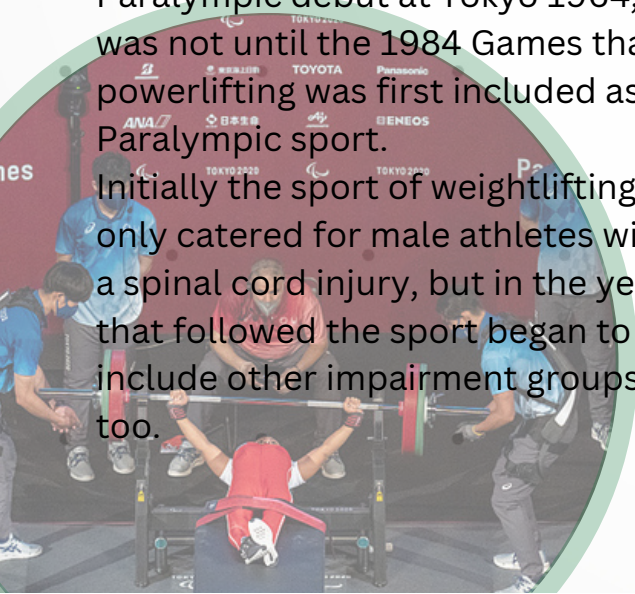
Open to male and female athletes with eight eligible physical impairments, athletes compete in one sport class across 10 different weight categories per gender.

Although weightlifting made its Paralympic debut at Tokyo 1964, it was not until the 1984 Games that powerlifting was first included as a Paralympic sport.

Initially the sport of weightlifting only catered for male athletes with a spinal cord injury, but in the years that followed the sport began to include other impairment groups too.

SWIMMING

Swimming first appeared in the Paralympic Games in Toronto in 1976 and has since grown to become one of the most popular Paralympic sports due to the number of events and classifications. Swimming takes place in a standard 50m pool and comprises medal events in Freestyle, Backstroke, Butterfly and Breaststroke across distances of between 50m and 400m. Swimmers are classified in 13 different classes which are known as functional classifications. This means that athletes are classified on the way they move in the water and can sometimes mean that swimmers have a different classification for different strokes. Functional classification also means that different impairments compete against each other in the same race. Swimmers with a physical impairment are classified from S1 to S10 with the lower classification numbers having a more severe impairments. S11 to S13 are for athletes with a visual impairment.



THE VENUE



LEGEND



Stadium



Indoor Athletics Hall



Swimming Pools



POWERLIFTING



Tennis & Padel Center



Grassfields



Synthetic Grassfield



Throwing Area



ATHLETICS



Multipurpose Hall



Indoor/Outdoor Multi- Sport Hall



Cross-Country Path



International Medical Center



SWIMMING

SCHEDULE

	Wed 23 Nov	Thurs 24 Nov	Fri 25 Nov	Sat 26 Nov	Sun 27 Nov	Mon 28 Nov	Tues 29 Nov
Arrivals							
Team Managers' Meeting							
Classification							
Opening Ceremony							
Sport Technical Meetings							
Athletics		Training	Training	Finals	Finals	Finals	
Powerlifting		Training	Training	Finals	Finals		
Swimming		Training	Training	Finals	Finals	Finals	
General Assembly							
Closing Ceremony							
Departures							

All events held at Complexo Desportivo, Vila Real de Santo António

INFORMATION FOR TEAMS



TEAM MANAGERS' MEETING

The first Team Manager's Meeting will be held on Thursday 24th November between 21:00 – 22:00 on the hotel ground floor (0).

Following the Team Manager's Meetings will be advised on the hotel information boards.

Team Managers must confirm their country flag and national anthem during this meeting.

Sport specific information must be communicated in the Sport Technical Meetings.

SPORT TECHNICAL MEETINGS

Sport Technical Meetings will take place on Friday 25th November on the ground floor (0) of the hotel.

Swimming: 20:00 - 21:00

Powerlifting: 20:00 - 22:00

Athletics: 21:00 - 22:00

Individual sport timings will be communicated on the hotel information board.

Logistical information relating to accommodation/transport etc. must be discussed in the Team Manager's meeting.

OPENING CEREMONY

The Opening Ceremony will be held in the Vila Real de Santo Antonio in athletics stadium.

Transport to the Ceremony will begin from the hotel at 17:00 and will return from 19:00. Please ensure all team members present are waiting in the hotel reception to leave by 16:45.

Teams should wear their team/country colours for the ceremony.

MEALS

Breakfast and dinner will be served on the lower floor (-1) of the hotel. Please ensure your key-cards are bought to meal-times or entry may be refused.

Buffet lunches will be served every day in the hotel restaurant (-1) except Saturday 26th, Sunday 27th and Monday 28th November where teams will need to collect packed lunches from the hotel.

The last meal available in the hotel will be breakfast on Tuesday 29th November unless otherwise arranged.

TRANSPORT



The venue is 3km/4-minute drive from the hotel and therefore a three times daily shuttle programme will be operating between the following times:

	Weds 23 Nov	Thurs 24 Nov	Fri 25 Nov	Sat 26 Nov	Sun 27 Nov	Mon 28 Nov
	Classification	Training and classification	Training and classification	Competition	Competition	Competition
07:00						
07:30						
08:00						
08:30						
09:00						
09:30						
10:00						
10:30						
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14:00						
14:30						
15:00						
15:30						
16:00						
16:30						
17:00			Opening Ceremony			
17:30						
18:00						
18:30						
19:00			Return			

*The timetable is subject to change

Return airport transfer times will be displayed from Sunday 27th November at the hotel information point.

Bicycles are available for hire for €1.50 per day from Laranja Tours, 300 metres from the hotel.

.Please ask at reception for directions.

ACCESSIBLE FACILITIES

Due to the limited number of wheelchair accessible rooms in the hotel, two accessible rooms have been left vacant for those who cannot manage in their own room's bathroom facilities. Please collect the keys for one of these rooms from reception and return once finished.

Level access shower-room facilities are available for use throughout training and competition days in the changing facilities at the sport venues.

ENTERTAINMENT

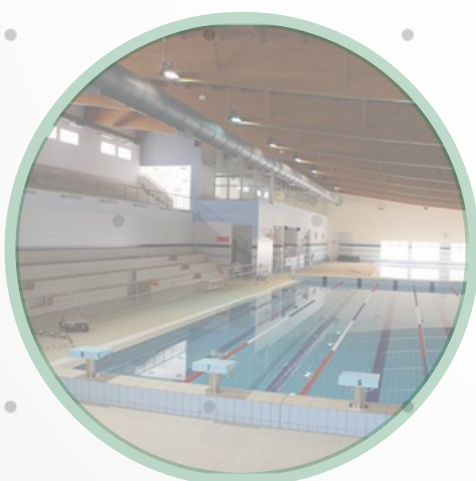
The hotel swimming pools are open to all guests free of charge during the following times;

Indoor swimming pool: 09:00 – 13:00 & 15:00 – 19:00

Outdoor swimming pool: All day

A programme of evening entertainment is provided by the hotel team and all IWAS World Games teams are free to join as they wish. Activities include karaoke, bingo and quiz nights. Details of the location and nightly entertainment programme can be found on the hotel information boards.

The hotel's health spa and gym is available to guests of the hotel at a €5 supplement per day. Tokens to use the facilities can be purchased at the hotel reception.



ORGANISATION



IWAS WORLD GAMES 2022 COMMITTEE

Dina Sotiriadi

Phil Galli

Abdul Nasser Brahamia

Charmaine Hooper

Elin Luce

Lucy Dominy

Harry Cootes

IWAS Games Committee

IWAS Games Committee

IWAS Games Committee

IWAS Chief Executive Officer

IWAS Head of Operations

IWAS Communications Manager

IWAS Sports Coordinator

